

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekker Tamiko HEADCOACH

Coaches: Faes Sandra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:4, starttime: 08:47	
Heat: 4/12 Lane : 8 Athlete: CLAES JADE							Q-time: 05:03:98	
PB (50m pool): no time			PB (25m pool): 05:03.98SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:8, starttime: 09:09	
Heat: 8/12 Lane : 7 Athlete: BASSTANIE LIENE							Q-time: 04:57:36	
PB (50m pool): 05:13.50 Antwerpen 08/03/2026				PB (25m pool): 04:57.36SB: 05:13.50 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.94	01:12.36	01:51.90	02:32.22	03:12.87	03:53.75	04:34.14	05:13.50
	00:33.94	00:38.42	00:39.54	00:40.32	00:40.65	00:40.88	00:40.39	00:39.36
								

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:3, starttime: 09:44			
Heat: 3/8 Lane : 1 Athlete: THIJSBAERT NIO					Q-time: 03:03:13			
PB (50m pool): 03:07.49 Antwerpen 08/03/2026					PB (25m pool): 03:03.13 SB: 03:07.49 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M				
PB	00:41.61	01:29.81	02:18.48	03:07.49				
	00:41.61	00:48.20	00:48.67	00:49.01				
								

Coach feedback:

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Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:3, starttime: 09:44
Heat: 3/8 Lane : 5 Athlete: SEYMUS AXEL					Q-time: 03:01:52
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:8, starttime: 10:01
Heat: 8/8 Lane : 1 Athlete: VERDONCK STAN					Q-time: 02:42:96
PB (50m pool): 02:49.68 Antwerpen 08/03/2026 PB (25m pool): 02:42.96 SB: 02:49.68 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.34	01:21.43	02:05.89	02:49.68	
	00:38.34	00:43.09	00:44.46	00:43.79	
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12				Heat:10, starttime: 10:28
Heat: 10/20 Lane : 1 Athlete: NEUVILLE ALIZÉE				Q-time: 01:26:95
PB (50m pool): 01:29.19 Wezenberg 01/02/2026 PB (25m pool): 01:26.95 SB: 01:29.19 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M		
PB	00:43.06	01:29.19		
	00:43.06	00:46.13		
				

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12				Heat:12, starttime: 10:33
Heat: 12/20 Lane : 3 Athlete: NEUVILLE AXELLE				Q-time: 01:25:59
PB (50m pool): 01:27.64 Wezenberg 01/02/2026 PB (25m pool): 01:25.59 SB: 01:27.64 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M		
PB	00:42.92	01:27.64		
	00:42.92	00:44.72		
				

Coach feedback:

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Event number: 19: 100M BACKSTROKE WOMEN 11-12					Heat:20, starttime: 10:52	
Heat: 20/20 Lane : 6 Athlete: LAUREYSENS JUTTA				Q-time: 01:14:73		
PB (50m pool): 01:14.73 Sportoase De Watermolen 24/05/2026 PB (25m pool): 01:15.27 SB: 01:14.73 Sportoase De Watermolen 24/05/2026						
	5 0 M	1 0 0 M				
PB	00:36.38	01:14.73				
	00:36.38	00:38.35				
						

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14				Heat:6, starttime: 11:45	
Heat: 6/9 Lane : 1 Athlete: VERMAELEN MIYA				Q-time: 01:23:81	
PB (50m pool): 01:26.33 Antwerpen 20/07/2025				PB (25m pool): 01:23.81 SB: 01:28.58 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:41.30	01:26.33			
	00:41.30	00:45.03			
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:7, starttime: 13:16
Heat: 7/15 Lane : 5 Athlete: CLAES JADE				Q-time: 02:43:42	
PB (50m pool): 02:56.67 Wezenberg 01/02/2026					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:14, starttime: 13:42
Heat: 14/15 Lane : 6 Athlete: BASSTANIE LIENE				Q-time: 02:33:50	
PB (50m pool): 02:42.55 Wezenberg 01/02/2026					

Coach feedback: